

Dealing with Mental Illness in the Classroom: Strategies for Helping Students with Mental Health Issues in Today's Schools

Time: 8:30 am-3:30 pm (Check-in at 8:00 am)



February 11, 2013 CESA #8 223 W. Park Street Gillett, WI 54214 Contact: Chris Kleiman (920) 465-2139 ckleiman@cesa7.k12.wi.us February 12, 2013
CESA #6 Conference Center
2300 State Road 44
La Sure's Banquet Hall
3125 S. Washburn Avenue
Oshkosh, WI 54904
Contact: Jackie Schoening
(920) 236-0515
jschoening@cesa6.org

March 1, 2013 CESA #12 618 Beaser Avenue Ashland, WI 54806 Contact: Lynn Verage (715) 453-2141 lverage@cesa9.k12.wi.us March 12, 2013 CESA #10 725 West Park Avenue Chippewa Falls, WI 54729 Contact: Carol Zabel (715) 720-2145 czabel@cesa10.k12.wi.us

Presenter:

This workshop will be presented by Paul Gasser. Paul is a Marriage and Family Therapist for St. Joseph's Healthcare-Gundersen/Lutheran, as well as an instructor for the University of Wisconsin-Platteville. His experience with children and their families comes as a result of working for over 30 years as a therapist and educator both in the United States and Russia. Paul is also a former principal and classroom teacher. Paul's workshops are lighthearted and filled with practical ideas to use with your students. His information, ideas, and strategies will help you to immediately feel more in control in your classroom.

Description:

There are ever increasing number of student who are being diagnosed with mental health issues. It has been estimated that there is approximately 10% of the student population meet the criteria for the diagnosis of depression and 17% with generalized anxiety disorder. It is common for students with these disorders to experience academic and behavioral struggles each day. Participants will learn about the diagnostic characteristics of depression, bi-polar disorder, anxiety and Pervasive Development Disorders. Classroom interventions will be offered to assist students both academically and behaviorally so that they can be successful both in and out of school. This course is designed for teachers and administrators.

Workshop Objectives:

- Learn the diagnostic characteristics of depression, bi-polar disorder, anxiety and Pervasive Development
 Disorders: Participants will learn characteristics of various types of mental health disorders in children and adolescents.
- 2. **Learn methods for behavioral management:** Participants will learn and apply behavioral management methods to assist classroom teachers in structuring the learning environment so that all students have an opportunity to learn.
- 3. **Know the therapy methods and medications used for the treatment of depression:** Participants will know and be able to explain the therapy methods and medications that are commonly used to in treatment.
- 4. **Demonstrate strategies for assisting students academically:** Participants will be able to design strategies to improve the academic performances of their students.
- Utilize methods for developing and maintaining relationships with students: Participants will be able to explain and demonstrate methods for building relationships necessary for motivating students who are struggle academically and behaviorally.

Cost: \$60.00 per participant (Includes lunch and handouts)

Online Registration:

- CESA #8 (Gillett): http://www.myguickreg.com/event/event.cfm?eventid=5476
- CESA #6 (Oshkosh): http://www.myquickreg.com/event/event.cfm?eventid=5477
- CESA #12 (Ashland): http://www.myquickreg.com/event/event.cfm?eventid=5479
- CESA #10 (Chippewa Falls): http://www.myquickreg.com/event/event.cfm?eventid=5480